



# Simply Gourmet

School Lunch Program 2011-2012

## SAMPLE MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Caesar Salad Breadstick	3 Fun Shaped Nuggets Mashed Potatoes	4 Make Ur Own Chicken Taco Cheese, Salsa Corn Chips	5 Grilled Cheese Pasta Salad	6 Grilled Chicken Sandwich Smiley Potatoes
9 Homemade Mac & Cheese Biscuit	10 PIZZA DAY	11 Baked Ziti Wheat Dinner Roll	12 Chicken Tenders Hot Pretzel	13 Chicken Parm Wrap String Cheese
16 Chicken Sticks White Rice	17 Buttered Noodles Meatballs	18 Italian Sub Sun Chips	19 Teriyaki Chicken White Rice	20 French Toast Sticks Turkey Bacon
23 All Beef Hot Dog Hash Brown	24 Pizza by the Slice	25 Cheese Tortellini in Pink Sauce Wheat Dinner Roll	26 Meatball Sub Pastina	Pretzel Shaped Tenders Goldfish Crackers
MENU	CHANGES	EACH	MONTH	Extra Entrée portions are available for purchase daily (extra \$1.50)

## SUBSTITUTE MEAL

Chicken Tenders, Homemade Mac & Cheese, Buttered Noodles, Romaine Salad with or without Chicken Strips, Bagel & Yogurt lunches, All Beef Hot Dog, French Toast Sticks, Tuna, Turkey Sandwich on Wheat.

Vegetarian Options, Organic Options and Gluten Free Pasta are available daily.

## OPTIONAL MENU ITEMS:

- Desserts are optional and available on a daily basis for \$.75
- Bottled water (8oz) is optional and available on a daily basis for \$.75
- Milk and chocolate milk are optional and available on a daily basis for \$.60

**OUR MISSION:** To produce a **HIGH QUALITY MEAL** at a fair price with **EXCEPTIONAL SERVICE**.

## DID YOU KNOW?

- Our Meals are designed to conform to the NJ State Department of Agriculture Standards and Policies.
- We offer a multiple child family discount.
- All Lunches are individually packaged and labeled by student and delivered at lunch time.
- Over 16 meal choices offered daily including vegetarian gluten free and organic selections.
- Many recipes are started from scratch to ensure the highest nutritional levels.
- Nothing is ever fried.
- We prepare all of our products in a "Nut Free" environment.

## WE ARE COMMITTED TO:

- Providing students with deliciously healthy and nutritious foods they find appealing.
- Encouraging students to consume all parts of a well balanced meal by our colorful presentation and our individualized packaging.

LET US HELP YOU...

[www.simplygourmetlunches.com](http://www.simplygourmetlunches.com)

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