



# *The Academy of Our Lady of Peace*

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Dear Parents,

We all know that middle school children are constantly changing, both emotionally and physically. I have spoken to some classes regarding personal hygiene and given samples of products that they should be using.

However, some children don't adhere to this and need to remember that personal hygiene is very important at this age, and to use products such as deodorants, mouth wash and tooth paste to promote good personal hygiene.

Please encourage your child to use products like these on a daily basis. Thank you for your help in this matter.

Sincerely yours,

Patricia Miller, RN

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